Circumcision
Is it right for your son?

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How can we help?

- You are here today because you have a concern related to your child's penis
  - Reasons you may have been scheduled for this group talk
    - Your child was not circumcised and you would like to consider options now
    - Your child is not circumcised and is having problems
    - Your child was circumcised and you are concerned with how it looks and whether it needs to be corrected

What will happen today

- We will present information on circumcision
  - Coming to this talk does not mean your child has to be circumcised
- We will exam your child privately and answer any individual or personal questions
- We will help you determine whether a circumcision (or a revision) is the best option for your son
  - If you wish, we can schedule surgery at a future date

American Academy of Pediatrics

- 1999: "Although circumcision carries some health benefits, these do not outweigh the risks of newborn circumcision."
- 2005: Upheld the 1999 statement.
- 2012: Current evidence indicates that the health benefits of newborn male circumcision outweigh the risks: Furthermore the benefits of newborn male circumcision justify access to this procedure for families who choose it.

Circumcision

Pros

Decreases:

- Urinary infections
- Sexually transmitted diseases
- Cancer
- Need for later circumcision

Cons

Unnecessary

Complications

Consent

UTIs

- Newborn Circumcision

  Decrease in urinary infections up to 2 yrs (3-10x)

- Incidence of urinary tract infections is 1% in infant boys

  So, 100 circumcisions needed to prevent 1 infection

- More important for boys with multiple medical or urological concerns

Cancer

- Penile Cancer: 0.6 per 100,000
  - Rate has been going down
- 909 circumcisions needed to prevent 1 case
- Cervical Cancer:(depends on sex partners)

Sexually Transmitted Infections

Circumcision prevents some:

- HIV — 60% reduction in Africa
  16% reduction in US (estimated)
- HSV — Definite reduction
- HPV — 30-40% reduction
- No change for syphilis, gonorrhea, Chlamydia

Circumcision
How is it done?

- Must done in the operating room
- Total time in the operating room is 45 minutes
  - The actual circumcision takes about 20 minutes
- Will need general anesthesia
- Goes to the recovery room
  - After the procedure we will let you know how the procedure went and how to care for your child.
- Will go home the same day

Risks/complication

- Bleeding risk is less than 1%
  - It is common to see some blood on the diaper/underwear or bandage. Major bleeding is very rare.
- Infection risk is also less than 1%
  - The circumcision does cause swelling in the penis afterward which is normal and will go away
  - Around the circumcision is often a yellow/green drainage which is normal. It is not an infection but normal healing.

Anesthesia

Everyone worries about anesthesia, especially in children.

In a healthy child, anesthesia is considered very safe and has minimal (but not no) risk

It is important for us to know all your child's health history, allergies and medications

We use a pediatric anesthesia team

- You will meet your team on the day of surgery

Children are usually given some medicine to help them relax, to forget the procedure and then will go to sleep with medication that they breathe through a face mask

Anesthesia

- After he is asleep they will place an IV
- We will also use a medication to create a numbing block to the penis so there is less pain when he wakes up.
- We will then do the circumcision which takes about 20 minutes

How will it look

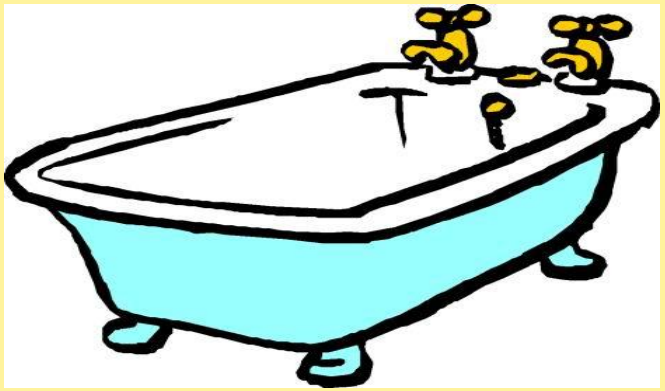
- When he wakes up there will be a clear plastic bandage around the penis.
- There are sutures (stitches) that will dissolve.
- We also use a medical glue that looks purple and feels hard. It will come off on its own (sometimes takes 10-14 days).
- Avoid full baths, showers or swimming for 3 days.

At home

- Generally acetaminophen (Tylenol) or ibuprofen (Advil or Motrin) is the only medication needed.
- Will have discomfort for a few days.
- Often looks bruised or swollen for a week or two.
- Most boys are able to return to school within a few days.
  - No gym for 2 weeks
- For boys in daycare, most can return in a few days.

Post Op Care

- In 3 days give him a bath and start soaking off the bandage.
  - Sometimes it can take a few days for the bandage to soak off. That's OK.



- Can apply triple antibiotic ointment to the penis for local irritation.
- We will see you again approximately 6 weeks after surgery.

We’re here to help

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